

## EAT

BEFORE 1130

BANANA BREAD WITH HOUSE MADE ESPRESSO BUTTER 7

TOASTED MUESLI GREEK YOGHURT BANANA CINNAMON ALMONDS SEEDS AND PISTACHIO CRUMB DATES 12.50

OUR LEGENDARY GRAIN AND CHIA BIRCHER WITH RHUBARB SEASONAL FRUITS NUTS AND SESAME SNAPS 16.50

BACON EGG ROLL HOUSE RELISH AND MAYO 12 ADD HALOUMI 4

*NO BREAD* BOWL QUINOA ROAST PUMPKIN AVOCADO TURMERIC CRUMBED EGGS CRISPY KALE TAHINI 18.50 ADD BACON 4

BAKED EGGS WITH TOMATO AND CANNELLINI BEANS MELTED MANCHEGO CHEESE AND SOURDOUGH TOAST 16.50 ADD BACON 4

BIODYNAMIC POACHED EGGS ON SOURDOUGH W DUKKAH CRUMB 12.50 ADD AVO 4 ADD BACON 4 ADD SALMON 6

SMOKED SALMON AVOCADO POACHED EGGS DUKKAH 18.50

CRISPY KALE POACHED EGGS TAHINI ROASTED PINE NUTS AND CHERRY TOMA AND SEEDS ON SOURDOUGH TOAST 16.50 ADD BACON 4

AVOCADO ZA'TAR FETTA CHERRY TOMATO HERB SALAD SERVED ON SOURDOUGH TOAST 14.50 ADD BACON 4 ADD POACHED EGGS 6

TOAST: SOURDOUGH - SOY LINSEED - FRUIT TURKISH - GLUTENFREE 6

ORANGE AND LIME MARMALADE OR STRAWBERRY JAM VEGEMITE

SIDES : AVO BACON SERRANO HAM HALOUMI 4 POACHED EGGS OR SMOKED SALMON 6

## EAT

AFTER 12

*SANDWICHES SERVED WITH SIDE OF HOUSE PICKLED SALAD 15*

*POACHED CHICKEN* - CHILLI MAYO ROCKET AND TOMATO

*ROAST PORK* - FENNEL SLAW APPLE SAUCE CRACKLING

*REUBEN* - PASTRAMI PICKLES GRUYERE SAUERKRAUT SLAW

*SERRANO HAM* - ONION JAM MAFFRA CHEDDAR ROCKET TOMATO

*HALOUMI* - WILD MUSHROOMS BABAGANOUSH ROASTED RED PEPPERS AND ROCKET

LEGENDARY TWELVE HOUR BRISKET ROLL BEETROOT SLAW PICKLES 14 ADD SHOESTRING FRIES 19

SON OF MAC YEEZUS WAGYU BURGER SPECIAL SAUCE ICEBURG CHEESE PICKLES ONIONS W SHOESTRING FRIES ADD HALOUMI 4

SECRET SPICED CRISPY CHICKEN BURGER SHREDDED ICEBURG AND ZINGER MAYO WITH SHOESTRING FRIES 16 ADD CHEESE 2 OR AVO 4

LAMB SHOULDER PEARL BARLEY SALAD ROASTED CHERRY TOMS ZUCCHINI MINT PINE NUTS CURRANTS TZATZIKI 17.50 ADD HALOUMI 4

HEALTH BOWL SALAD KALE RED CABBAGE ALFALFA SPROUTS SEEDS ROAST PUMPKIN DUKKAH CRUMBED FETTA ALMONDS HONEY LEMON DRESSING 16.50 ADD ZA'TAR CHICKEN 4 AVO 4 CRISPY CHICKEN 7

WARM SALAD OF CHICKPEA AND WILD MUSHROOM MINT PEAS AND DUKKAH WITH A POACHED EGG 15.50 ADD HALOUMI 4

CRISPY CHICKEN SALAD CHARRED CORN BEAN SPROUTS RED CABBAGE CURRANTS PEANUTS FRESH HERBS ASIAN DRESSING 16.50 ADD AVO 4

*ADD ME* - - SIDE FRIES 7 TRUFFLE FRIES 11 HALOUMI 4 ZA'TAR CHICKEN 4 CRISPY CHICKEN 7 AVOCADO 4 SMOKED SALMON 6